**Disclaimer:**

Clients/Participants must fully understand the nature and status of participating in any of the activities provided by us before training begins.

Clients/Participants assume all risk of personal injury, mental and physical disability, injury, death, or loss which may result from their participation in the activities provided by the Club.

Acting for themselves, their heirs, personal representatives and assignees they do hereby release the owners, organisers, teachers and employees and all other related staff from liability due to injury and will not pursue any legal claims, actions, suits or controversies. Participants must certify that they are both physically and mentally fit and able to take part in the classes offered by the organisation.

Clients/Participants must make us aware of any pre-existing medical conditions which may affect their ability to complete the tasks in the sessions. We understand this medical information is private, and as such will not be shared, presented or made public in any way other than to assist in the prevention of injury to the signatory (you or your child). If you would prefer not to disclose any medical information, or feel you would rather discuss the matter privately, then please approach a member of the Management team

Clients must ensure that their annual registration /insurance payments are up to date. Failure to do so will invalidate their membership, will no longer be covered by insurance and discounted prices will no longer be available to them.

**Terms and conditions**

The use of the term student is referring to anyone who participates in Training at the Tang Long Chinese Culture Centre, which could be a child, adult, male, female or however they identify.  
  
**1.0: Attendance and punctuality**  
It is of the utmost importance that the student is punctual to each lesson. If it is your child that is training, and they arrive before the class is due to start, it is required that you please remain with them and not let them run around unsupervised. Until the class begins you are responsible for their safety and well-being. Should you choose to leave them unattended, we hold no responsibility for them. It is also important that you arrive promptly and on time to collect your child as lateness can cause the child undue stress.

**1.1:** By agreeing to these Terms and Conditions, it is agreed that should you drop your child early to their lesson, you are responsible for your child until lessons begin, and that Tang Long Chinese Culture Centre, its owners, operators, officers, employees, instructors, students, or agents hold no responsibility over your child until the lesson has begun and they are in the training room with the instructor.  
  
**2.0: Payment**  
Memberships are paid annually and cover your insurance whilst training with us. Monthly fees /block booking payments are due as soon as your current subscription ends. Block bookings are to used within one month of purchase and cannot be carried over. If you chose to pay by Direct Debit please note that this payment method is for a minimum of six months. Should you wish to cancel you must give the Direct Debit company one months notice.

**2.1**: By agreeing to these terms and conditions, I hereby agree that The Tang Long Chinese Culture Centre has the right to refuse service to those who are not up to date with payments, as well as for those who continually make late payments.  
  
**3.0:Disobedience**  
We reserve the right to discontinue training for any student that we deem as persistently disobedient. Should we feel we are unable to control the students behaviour, and that the child’s behaviour is detrimental to the other students training, then we will be in contact and the student will be dismissed from further lessons. Discipline is embedded in the culture of martial arts, and is required for training. We also request that Students show respect to their Instructor and to fellow students and should not talk unnecessarily during class.  
  
**3.1:** By agreeing to these Terms and Conditions, I hereby understand that should a student's behaviour be uncontrollable, then they will be dismissed from future lessons.  
  
**4.0: Image Consent**  
We would like to take pictures, and occasionally video the students performing their Martial Arts for promotional and advertising purposes. The photos will always be appropriate, and available for the customer to view upon request. The images, be they photo or video, will be stored in a safe and secure place.   
  
**4.1:**  I hereby grant permission to The Tang Long Chinese Culture Centre the use of the student’s image, likeness and voice, recorded in digital format, without payment. I understand the images and film may be edited, exhibited and distributed through any media that Tiger Martial Arts sees fit. Should I not wish my images (in any format to be used) will make it clear when I sign up for Membership.  
  
**5.0: Personal Belongings**  
We cannot be held responsible for any personal belongings lost or stolen during a training session. It is strongly advised that anything of value be left at home. There are lockers available in the changing rooms which you are permitted to use but you should bring your own padlock. Should a child need to contact a parent, or parent need to contact a child, then they can use the school landline or one of the mobile of one of the staff working at the time.  
  
**6.0: Health and Safety**  
Should the student suffer from any of the following medical problems, please consult with your doctor to ensure that intense physical exercise will not pose a problem to the student. In addition, please inform us via email so that we may take a note. We must be informed of any conditions before any instruction is carried out.

 Back problems

 Any illness or injury that may be aggravated by exercise

 Head injuries

 Dizziness, or loss of unconsciousness during exercise

 Joint problems, such as arthritis, that is aggravated by exercise

 Chest pains when exercising

 Any prescription medication being taken which you believe may affect your training

 A heart condition

 Any conditions that restrict blood flow

 Diabetes or any other metabolic diseases

 High or low blood pressure

**6.1:** Should the student suffer from anything on this list, please inform the instructor immediately to discuss what action should be taken to ensure safety and well-being. It is advised that you consult a doctor if you suffer with any of these conditions before participating to ensure it is safe.  
  
**6.2:** By agreeing to these terms and conditions, I agree that I have consulted a doctor recently and the doctor has agreed it is safe. I also agree that I have informed the instructor or The Tang Long Chinese Culture Centre of any medical problem the student has, and that I choose to let the student continue in this class at my own risk. I also agree that I understand fully that the student may be participating in a semi contact sport (depending on the session attended). I hereby agree that I would like the student to participate in what can be intense physical exercise, including, but not limited to, running, stretching, aerobic and resistance exercise, all of which can result in injury or in incredibly unlikely circumstances, death.  
  
**7.0:Agreement and Liability Waiver**  
I hereby agree that I have discussed any health problems with an instructor. I agree that I hold responsibility for any unlikely injury to the student and that the owners, operators, officers, employees, instructors, students, or agents at The Tang Long Chinese Culture Centre cannot be held responsible for these injuries or death. I hereby agree to the following:

**7.1:** I am fully aware that the Martial Arts practiced may involve some light sparring in some of the sessions, which could result in accidental injury, or in incredibly unlikely circumstances, death.

**7.2:** I understand that from time to time, there is the occasional use of safe versions of weapons, for example, blunt weapons (Swords), Shaolin Staff, Spears, Nine Section Chain Whip, and I consent to the use of these.

**7.3:** I understand that the student will be participating in strenuous physical exercise that could lead to minor or serious injury to either the student, or that in unlikely circumstances that myself or my child could inflict these injuries on another student. These injuries could include bruises, abrasions, muscle pulls and strains, broken bones and cartilage, concussion, or extremely unlikely circumstances, death.

**7.4:** I understand that injuries caused could be inflicted accidentally, but also in extremely unlikely circumstances, through inadvertence or negligence, or malfunctioning equipment.

**7.5:** I understand that the risk to the injuries described in the above paragraphs cannot be reduced without severely limiting the instruction and class technique offered.

**7.6:** I understand that no one at The Tang Long Chinese Culture Centre has given the student the authority to use any of the techniques taught to the student on any person other than in training, matches, or demonstrations, where the student and the instructor have agreed that they are sufficiently trained and qualified to do so. I also understand that the student does not have the authority to demonstrate their martial arts outside of the lesson, or in the absence of an instructor.

**7.7:** After having fully read the risks however unlikely to injury and death, I hereby waive my right to a lawsuit in the extremely unlikely event of injury or death during a lesson with The Tang Long Chinese Culture Centre, or outside of the lesson while using the Martial Arts taught.

**8.** I hereby agree that no legal action shall be taken up The Tang Long Chinese Culture Centre, its owners, operators, officers, employees, instructors, students, agents, or any other connections that The Tang Long Chinese Culture Centre has.

**9.0:** I hereby agree that I have fully read and understood the Terms and Conditions and that I agree to all of the Terms and Conditions presented within it. I understand that it is binding and non-negotiable.